



## Background

Aboriginal men of today have had their identity and place taken from them through the inter-generational effects of colonization including residential school syndrome. They are disproportionately represented among those living on the streets, in shelters and jails and among those who have been denied the opportunity to develop the skills and resources needed to secure and maintain meaningful and satisfying employment, and adequate housing.

These men require a safe and supportive learning environment where they will be provided with every opportunity to develop all the resources they require to succeed in the broader urban environment as strong self-confident and self-sufficient Aboriginal men.

## Service

Entrance to TBA is through the Eastern Direction. Interested applicants must submit an application followed by an interview. Successful applicants will be those who demonstrate a thoughtful and sincere desire to achieve a state of self-determination, self-reliance and self-sufficiency, be capable of actively participating in all programs and services and possess a degree of stability. Additionally, they must be willing to accept that full and active participation in all assigned programs and services is mandatory.

Residents will begin their journey in the Southern Direction through participation in the Apaenmowinneen (*having confidence in myself*) Program. Through this program they will be provided with the opportunity to develop the basic skills needed to become healthy, balanced adults.

Next they will visit the Western Direction. Here, building on those skills they will begin their journey toward stabilization and self-sufficiency by working toward securing financial stability and independent housing.

Having completed their journey through the eastern, southern and western directions, participants will be equipped with the resources required to succeed in *the broader urban community as strong self-confident and self-sufficient Aboriginal men*.

## Care Team Members

Client care provided through the TBA is led by Case Managers. As an Aboriginal organization Na-Me-Res strives to meet the physical, mental, spiritual and emotional needs of all clients by providing them access to its multi-disciplinary care team which includes:

- traditional elders and teachers
- psychiatrist
- case manager
- client care and client support workers
- oshkabaywis
- coordinator client training, and
- other community services providers as identified.