

In 1985, NMR began offering emergency shelter to Aboriginal men who were “*without a place to live.*” Since then a greater understanding of the underlying causes of Aboriginal homelessness has emerged. In response NMR, particularly over the past few years either re-designed its programs or designed and implemented new programs to ensure it is meeting the unique needs of Aboriginal men who live in a state of homelessness. Based on a culturally responsive strengths based case management approach to client care these programs include:

The Men’s Residence

Here, clients without housing are provided with temporary shelter, assistance and support to secure housing appropriate to their needs. To meet the increasing number of Aboriginal men who come to Toronto for a better life, the Residence has grown since 1985 from a 27 to a 63-bed residence.

Aboriginal Outreach Services and Support

This service outreaches to those living on the streets and in seasonal shelters, providing them with support and assistance in transitioning from streets to homes. To ensure clients remain successfully housed follow up care is provided for a minimum of one year.

Traditional Services

Increasingly it has become apparent that a significant contributing factor to Aboriginal homelessness is loss of culture. Our Oshkabaywis coordinates the delivery of culture-based workshops and activities for all agency clients. Visiting Elders provide group and individual healing sessions.

Sagatay (A New Beginning)

Sagatay is a safe and supportive learning and housing environment for Aboriginal men and male youth. Programs offered provide residents with the opportunity to develop the resources required to succeed in the broader urban environment as strong, self-confident Aboriginal men. Its core training program Apaenmowinneen (Having Confidence in Myself) is a three to six month interactive learning program which includes workshops in the areas of communication, information management, personal management, teamwork, Aboriginal studies, healthy living and employability skills.

Mino Kaanjigoowin (Changing My Direction In Life)

NMR recognizes the disproportionate impact of addictions and mental health issues on the Aboriginal community. In response it developed the **Mino Kaanjigoowin** — translated means — (*finding something good—finding the good to change self or direction in life*). Through this program agency clients challenged with severe mental health and addiction issues are provided with a specialized response designed to meet their particular needs. As with all NMR programs, the goal of **Mino Kaanjigoowin** is to assist clients secure and maintain housing appropriate to their needs.

Ngim Kow Njichaag (Reclaiming My Spirit) Program

The goal of the Ngim Kowa Program is to “Assist clients reclaim their culture, identity, role and responsibilities through the delivery of culture based services within a safe healing environment”.

Apaenmowinneen (Having Confidence in Myself)

Is a three month program offered in a safe and supportive learning environment at **Sagatay**. The Coordinator Client Training is responsible for overseeing the delivery of Apaenmowinneen. Workshops include: •communications •information management •numeracy •thinking and problem solving •personal management •teamwork •Aboriginal studies •traditional activities •healthy living •resume and job search skills development

Annual Traditional Pow Wow

Held each year in recognition of National Aboriginal Day/Month events. Traditional Drummers and Traditional Dancers as well as dignitaries from the community attend. Our event begins with Grand Entry at 12:00 followed by traditional dance displays, indigenous craft displays as well as information booths. Attendees are encouraged to participate in our traditional dancing throughout the day. There are food sales of hamburgers and hotdogs as well as traditional foods for sale as well as soft drinks, water and sales to the public. A traditional feast and giveaway is also part of our community event. Through the generosity of our donors and supporters of our event, Na-M-Res is able to host this event yearly.

Annual Christmas Drive

It is through the generous donations of our donors, and supporters that Na-Me-Res is able to provide “Christmas Cheer” with backpacks filled with socks; underwear; mitts, scarves, hats, hygienic products, and gift cards to our clients as follows:

- Men’s Shelter
- Sagatay (A New Beginning)
- Special Needs Clients
- Aboriginal Outreach & Support Services:
 - ◀Outreach
 - ◀Mobile Housing
 - ◀Aftercare

If you wish to donate, visit our website at www.nameres.org and download our donation form or you can donate through CanadaHelps.org on our website. Chi Miigwetch!!!, Thank you!!!



26 Vaughan Road-Sagatay (A New Beginning)—“The Gathering Room”



14 Vaughan Road—Men’s Shelter-Front Entrance and Meeting Room-2nd Floor-



26 Vaughan Road—Sagatay (A New Beginning) Transitional Housing Facility

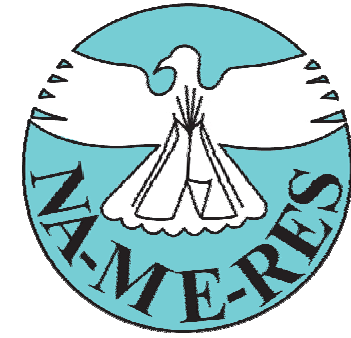


Na-Me-Res is a
United Way Member

Native Men’s Residence
14 Vaughan Road
Toronto, ON.
M6G 2N1
Tel: 416-651-6750 Fax: 416-652-0338

Registered Charitable #119050516RR0001

Email: general@nameres.org
Website: www.nameres.org



Our Vision

Na-Me-Res (Native Men’s Residence) is a community organization with proven and accountable practices in the design and delivery of inclusive, culturally relevant and community-driven programs and services that holistically address the needs of Toronto’s Aboriginal homeless population. As part of an integrated and collaborative social service delivery network, Na-Me-Res plays an integral role in ensuring that Aboriginal people experiencing homelessness have access to a continuum of culturally appropriate supports that will assist them in securing stable, safe and affordable housing while also helping them to achieve their personal goals and aspirations. Na-Me-Res clients are active and fully engaged citizens who strengthen the fabric of Toronto’s vibrant Aboriginal community.

Mission Statement:

Na-Me-Res’ (Native Men’s Residence) mission is to provide temporary and transitional housing to Aboriginal men experiencing homelessness in Toronto while providing outreach and support services to Toronto’s broader Aboriginal homeless population. Na-Me-Res employs a culture-based approach to address the clients’ physical, mental, emotional and spiritual needs while facilitating access to available social and financial supports that will assist them in securing and maintaining stable, safe and affordable housing. Na-Me-Res strives to provide a caring, compassionate and safe environment as well as opportunities to develop the skills, knowledge and confidence required to lead healthy and self-determined lives.